Abstract: Stress and resilience in deaf and hard of hearing adolescents Len Martijn

DHH adolescents appear to be vulnerable to multiple stressors in daily life. They are vulnerable to having stressful communication experiences (SCEs) and to stress stemming from adverse childhood experiences (ACEs). Accumulated stress can cause a toxic stress impact on the brain with detrimental effects on its development. Resilience is a protective factor against one's stress impact. Although resilience appears a ubiquitous concept, resilience is still a black box when it comes to its development and the (role of) contributing determinants. I'll discuss the relationship between stressors (SCEs, ACEs) and their stress impact, and will explore resilience and its role in this relationship.